

# PreK Explorers Daily Schedule

7:30-8:45	Children arrive/free play in centers
8:45-9:00	Clean up time
9:00-9:20	Morning Meeting- Greeting, Calendar, Weather
9:20-9:40	Hand washing/ Snack
9:40-10:00	Gross motor activity in the big room
10:00-10:10	Brainstorming our Topic
10:10-11:00	Small & Large Group Activities
	<ul style="list-style-type: none"><li>• Math &amp; Cognitive Development</li><li>• Creative Expression</li><li>• Social Studies</li><li>• Alphabet Awareness</li><li>• Music &amp; Movement</li></ul>
11:00-11:55	Outside Play or Free Play
11:55-12:45	Bath rooming/Lunch
12:45-2:30	Naptime
2:45-3:15	Bathroom/wash hands/snack
3:15-3:45	Language & Literacy
3:45-4:45	Outside or Free Play
4:45-5:15	Afternoon Adventure Activity
5:15-5:30	Bathroom/wash hands/ light snack if needed
5:30-6:00	Free play in Centers